

Dr Leisa Davina - Clinical Psychologist

EMDR Consultation Information

10 hours of consultation are a required part of any EMDRACC Accredited Basic EMDR Training. The training package herein is designed to provide a surplus of group consultation hours as part of all three training sessions and practicum experiences, with the trainers ensuring ongoing individual coaching, feedback, and support during both extended practicums. Part 2A allows for a revision of the standard protocol and 8 phases of EMDR in the morning session, while the afternoon session offers 5 hours of group consultation at the necessary ratio for inclusion.

The cost of the total number of 10 consultation hours is included in the price of the complete EMDR Basic Training Program delivered by Dr Leisa Davina and Vania Miteva. Should a participant enroll in the partial training package, Leisa and Vania will provide the remaining hours of individual consultation at a discounted rate of \$150/hr. Alternatively participants can seek external consultation with an EMDRACC accredited consultant. A list of consultants can be found on the EMDRACC website: <https://emdraa.org/accredited-consultants/>

EMDR consultation is not clinical supervision. Participants are expected to engage in regular clinical supervision as needed. The responsibility for clinical decision making remains with the practitioner and the consultant will provide education, guidance, coaching and feedback on the application of EMDR therapy with clients. An example consultation case discussion sheet will be provided for use in Part 2A training to support your consultation experience.

Your consultation can support you to better understand the 8 phases of EMDR standard protocol, develop a treatment plan using EMDR, conceptualise a client's presenting issues, assess client readiness for EMDR, select targets for processing, manage blocking, and safely seeing a client through your first experiences of conducting EMDR therapy.